



THE BEST OF BANFF AND JASPER

TOUR P7

Seven fun filled days in the most outstanding places of the Rocky Mountain National Parks. You experience this fabulous landscape not just from the window of a car but hiking and camping as much as possible away from the roads. Don't worry about planning the details. Your guide has everything arranged, has insider tips and knows the best trails, activities for every season.

Demands: easy to moderate mountain hikes with light day pack, always accompanied by the guide. Campgrounds are accessible by the bus, you never have to carry your luggage very far.

Included:

- ✓ transportation from and to Calgary
- ✓ spacious tents (2 pers./ tent)
- ✓ welcome gift
- ✓ all meals from lunch day 1 to lunch day 7
- ✓ cooking- and eating utensils
- ✓ camping gear (except sleeping bag)
- ✓ hard-foam mattress
- ✓ admission to the National Parks
- ✓ camping fees
- ✓ five departures with bilingual guide (English and French).
- ✓ services of licensed guide who accompanies the group on the day hikes

Not included: Personal equipment, sleeping bag, alcoholic beverages, mountain bike rental app. \$50.- to \$60.-, white water rafting app. \$175.-

Hotel in Calgary \$115.- per room / night with airport transfer (\$185.00 from July 04 to 14, 2019).

Schedule 2019:

03.06. - 09.06.**	22.07. - 28.07.
10.06. - 16.06.	29.07. - 04.08.**
17.06. - 23.06.**	05.08. - 11.08.
24.06. - 30.06.	12.08. - 18.08.**
01.07. - 07.07.**	19.08. - 25.08.
08.07. - 14.07.	26.08. - 01.09.**
15.07. - 21.07.**	02.09. - 08.09.



7 GUIDED DAY HIKES USING THE MOST REWARDING TRAILS IN BANFF, YOHO AND JASPER NATIONAL PARKS

NO BACKPACKING

EXPERIENCED GUIDES WHO TAILOR THE ACTIVITIES TO INDIVIDUAL ABILITIES

TIME FOR SIGHTSEEING AND RELAXING

CAMPFIRE EVENINGS WITH SMALL GROUP

BUILDING BLOCK WITH OTHER PROGRAMS

Group size: maximum 12 persons

Length of tour: 7 days

Departures are guaranteed.

Price: CDN\$ 1560.00 including tax

Single tent: CDN\$ 165.00 extra.

** these departure dates are with bilingual guides (English and German)

THE BEST OF BANFF AND JASPER

Tour P7

Day 1: CALGARY OR BANFF - This morning you meet with your guide as arranged in Calgary or in Banff. On the campground (showers) in the forests of Banff National Park you pitch your tent for the next two days. Now it is time for the first hike along the shores of Minnewanka Lake or on one of the many mountain trails surrounding Banff. Hiking time 2 – 3 hours.

Day 2: BANFF NATIONAL PARK - On a full day hike you explore passes above the tree line and alpine meadows. For example, 7.5 km with 725 m gain (4.6 mi, 2414 ft) to a small lake and possibly 2 km further into the pass at 2470 m (8225 ft). After the hike you might want to relax in the warm sulphur pool or along the busy streets of Banff with its many stores and visitors from around the world. Hiking time 5 – 7 hours.

Day 3: YOHO NATIONAL PARK / LAKE LOUISE - You would not want to miss the picture postcard scenery surrounding Lake Louise. The guide suggests the 3.5 km (2 mi) path with 400 m gain (1325 ft) to the historic tea house by an alpine lake. Here a network of easy to demanding trails is tempting you to go further and higher. For example, the 15 km (9.3 mi) circuit into the Plain of Six Glaciers or a 2.5 km (1.6 mi) climb with 515 m (1705 ft) gain to a summit with exceptional views of nearby peaks and distant landscapes. Camp for today and tomorrow (showers) near the alpine village of Lake Louise. Hiking time 3 – 5 hours.

Day 4: YOHO NATIONAL PARK LAKE LOUISE - There is an opportunity for a great white-water rafting trip on the Kicking Horse River. It involves a side trip to Golden in B.C., headquarters for many outdoor adventures. Of course, hiking is always an alternative. Among the choice of trails, the guide would like to show you is an 18 km (11 mi) circuit through two flower decorated passes at 1830 m and 2180 m (6093 ft and 7250 ft) and spectacular views of Emerald Lake. The Natural Bridge, Takakkaw Falls, Spiral Tunnel are other attractions of Yoho Park. Hiking time 6 hours.

Day 5: JASPER NATIONAL PARK - Frequent stops and short excursions along the Icefields Parkway on your way into the heart of the Rockies. Famous names like Peyto Lake and Bow Summit. At the Columbia Icefields huge glaciers spawn rivers, which eventually reach three different oceans. Saskatchewan Glacier is best viewed from far above after hiking 2.5 km to a windy ridge at 2260 m (7525 ft). Camp for the next two days is near the little holiday town of Jasper (showers). Hiking time 2 hours.

Day 6: JASPER NATIONAL PARK - So many possibilities, swimming and a picnic at Pyramid Lake, mountain biking, trail rides, canoeing and more. Or join the guide for a side trip to Maligne Lake and a 8 km (5 mile) loop hike with 460 m gain (1532 ft) into the hills above tree line at 2150 m (7160 ft) elevation and possibly all the way to a 2790 m (9290 ft) peak overlooking this beautiful lake. Hiking time 2 – 6 hours.

Day 7: BANFF OR CALGARY - Mighty Athabasca Falls count among the attractions of this park. Trails near the Columbia Icefields start at tree line and are especially rewarding thanks to their magnificent views of the glaciers and surrounding ranges. Here you hike is 8 km (5 mi) with 335 m (1155 ft) gain into a pass at 2375 m (7980 ft). After lunch is transfer back to Banff or Calgary (possibly in a large, comfortable coach). Hiking time 2 – 3 hours.

Arrival in Banff at 18:30, in downtown Calgary at 21:00, at the airport at 21:45.

BUILDING BLOCKS:

Tour K5, Mountain Rivers Canoe Adventure (5 days), is our popular canoe excursion and fits with all departures.

Tour V7, Hiking and Kayak on Vancouver Island (7 days), fits the dates of this Rockies Tour. You do the Vancouver Island Tour first and stay one night in a hotel in Vancouver. Next day you fly with Air Canada or Westjet to Calgary, stay one night in our hotel near the Calgary airport and meet your group there next morning for your Rocky Mountain Tour.

We gladly arrange reasonable hotel accommodation and stress-free transfers between the programs.