

Timberwolf Tours - Equipment list

Multi day wilderness backpacking equipment list	
<i>Basic equipment - Mandatory</i>	<i>Clothing - Mandatory</i>
Backpack (70 – 90 liter)	Hiking boots (min. Category BC)
Tent (3 / 4 season, free standing preferred)	Rain jacket
Sleeping bag (comfort -10C min.)	Rain pants
Waterproof compression bag for sleeping bag	Pants (quick dry, zip-off if preferred)
Mattress (inflatable, 3/ 4 - season))	Thermo pants (long underwear)
Headlight / flashlight + spare batteries	Thermo upper body layer 2 x
Knife / multi tool	Fleece vest
Spoon + fork (spork)	Down puff jacket (synthetic)
Plate (pan lid)	Long sleeve shirt (mosquito proof, quick dry)
Cup / mug	Gloves - inner (thin), wool or fleece
Water bottle (1liter)	Gloves - outer, waterproof
Thermos (0,5 liter. min.)	Hat / cap
Lighter (waterproof or waterproof packed)	Running shoes / water shoes (river crossings)
Matches (waterproof packed)	Waterproof bags for clothing (ca. 2 x 15 - 20 lt.)
Whistle	Underwear
Sunscreen	Socks
Mosquito repellent	Belt
Sunglasses	<i>Optional</i>
Toiletries (<i>biodegradable</i> products preferred)	Compass
Waterproof bag for food (ca. 20 liter)	Binoculars
Spare waterproof bag	AB(C)Watch
<i>Safety - Mandatory</i>	Camera + spare batteries
Insurance card + emergency phone number(s)	Phone
ID (e.g. copy passport)	Bear spray / bear horn
Personal medicines (waterproof packed) – if applicable.	Pan + lid
Personal first aid kit (waterproof packed)	Fishing gear
Emergency blanket	Personal stuff

Good gear doesn't mean it has to be the most expensive or the latest in fashion. However, everything does have it's price tag. When there are items you don't have and at this point of time don't feel like buying, you might be able to rent them from us (please contact us for possibilities and prices).